

What Can I Do?

1. Contact:

- ✓ specific school
- ✓ school district
- ✓ school board

2. Find out if your school district ...

Teaches sex ed

If so, does the curriculum ...

- ✓ **promote** abstinence?
- ✓ **affirm and empower** youth to make healthy decisions?
- ✓ **protect youth** by teaching ways to avoid unintended pregnancy and STIs?

Has a district-wide policy

3. Share your findings ...

- ✓ with other parents
- ✓ with PPAA
- ✓ on Facebook and Twitter

#MyKidMatters

For more CSE info, contact:

Planned Parenthood Arizona (PPAZ)

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For more advocacy info,
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Planned Parenthood Arizona, Inc.

COMPREHENSIVE
SEXUALITY
EDUCATION

STARTING THE
CONVERSATION



Planned Parenthood Arizona, Inc.

COMPREHENSIVE SEXUALITY EDUCATION (CSE):



- ✓ Promotes abstinence
- ✓ Teaches about contraception and the prevention of STIs, including HIV
- ✓ Provides medically accurate information on reproductive anatomy and health
- ✓ Discusses emotional and social aspects of sexuality
- ✓ Empowers youth to make responsible and healthy choices

Ask Questions!

- What is the sex ed or human development curriculum taught in our district?
- What is specifically taught to my student?
- Do you support a **CSE** curriculum that:
 - ✓ **Promotes** abstinence
 - ✓ **Affirms and empowers** youth to make healthy decisions
 - ✓ **Protects youth** by teaching ways to reduce risk of sexually transmitted infections (STIs), prevent unintended pregnancy, etc.

